

DRINKS

TEAS

ENGLISH BREAKFAST
TEA

EARL GREY TEA

DECAFF TEA

CAMOMILE TEA

PEPPERMINT TEA

GREEN TEA

ALL £3.00

COFFEES

ESPRESSO £2.40

AMERICANO £2.60

LATTE £3.25

CAPPUCCINO £3.25

FLAT WHITE £3.00

MOCHA £3.25

FRUIT JUICES

ORANGE JUICE

APPLE JUICE

CRANBERRY JUICE

PINK GRAPEFRUIT

JUICE

£2.10

Come in we're
OPEN
EVERYDAY
8AM - 2PM

BREAKFAST

BEST BREAKFAST IN TOWN

SUNDAY
BREAKFAST
HOURS
8AM - 2PM

BALTIC FULL ENGLISH

2 pork sausages, 2 smoked back bacon, 1 free range egg cooked how you like it! Confit tomato, portobello mushroom, black pudding, beans, fried potatoes with 2 toast. Served with tea or coffee. **£12**

Can't manage a full? Go small for £8

VEGAN/VEGETARIAN **£10**

2 plant based sausage, 2 portobello mushrooms, banana bacon, torched avocado, fried potatoes, plum tomato and sourdough toast.
Add egg for £0.50

BALTIC BAPS **£5.50**

Toasted sourdough bap with a double combo of your choice:
Sausage/Bacon/Egg/Veggie Sausage/
Banana Bacon
Add an item for just £0.50p!

GRANOLA BOWL **£3.50**

served with fresh fruit and greek yogurt

SELECTION OF CEREALS **£2.00**

Rice crispies, cornflakes, Frosties, coco pops and weetabix

PORRIDGE **£3.00**

dressed with honey

PANCAKES AND WAFFLES **£7.50**

choose Pancake or Waffle

-Nutella and strawberry
-Streaky Bacon & Smoked Maple Syrup
-Lemon and Sugar
-Fried Chicken & Hot Sauce (£1 supplement)

TOAST AND STUFF **£2.25**

Toasted white or brown bread served with butter and Jam
Toasted Sourdough served with butter and Jam (extra £0.50)

Sautéed wild mushrooms on grilled sourdough **£7.00**

Torched avocado and goats cheese on chilli jam dressed sourdough **£7.75**

Guinness infused welsh rarebit on sourdough dressed in classic worchester sauce **£6.50**

Croissant, butter and jam **£2.75**

Our service and kitchen staff handle a wide range of ingredients including nuts, dairy and ingredients containing gluten. Please inform your server of any food allergies or intolerances prior to ordering your food.

EGGS

EGGS BENEDICT **£9.00**

Cheshire Ham and 2 poached eggs served on a english muffin with homemade hollandaise

THREE EGG OMELETTE **£7.75**

Fillings - Mature Cheddar/Ham/Onion/Tomato

CONTINENTAL PLATTER **£9.50**

Eggy Bread, Croissant, Cheshire Ham and a wedge of Brie, Jam and Butter

COLUMBIAN EGGS **£10.00**

Chilli and spring onion scrambled eggs on toasted sourdough with Avocado

EGGS ROYALE **£9.50**

Smoked Salmon and 2 poached eggs served on a English muffin with homemade Hollandaise